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Local: Middle-schoolers fine-tune their dance skills at Ailey Camp. B1



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000 SECTION B

Contra Costa Fire chief touts station

New site gives the department a 'tremendous amount of operational flexibility,' chief says

By Judith Prieve

BAY POINT » Almost two decades BAY POINT's Almost two decades in the making, the new Bay Point Fire Station 86 is now open for business, replacing a nearly 75-year-old facility.

The new station is just north of Highway 4, allowing easy access to the region.

The station which broke

The station, which broke ground in April of 2021 and opened last week at 10 Goble

Drive, replaces the old station a mile to the west on Willow Pass Road in Bay Point. "What an incredible fire station

this is," Contra Costa Fire Protection District Chief Lewis T. Broschard said at Friday's opening ceremony. "It's an amazing piece of architecture and an amazing facility. It's going to serve us for a really long time."

At 10,800 square feet, the new single-story structure has 5,100 square feet for living areas and

5,700 square feet for the apparatus bays, more than double the

size of the old station.

"Today we really mark a new beginning for Bay Point and areas of Pittsburg communities by moving out of an almost 75-year-old station into a state-of-art facility that will serve our residents. cmly that will serve our residents, our firefighters for literally generations to come," Broschard said. "I think we could fit two of the existing Fire Stations 86 into the new facility, that's how small Station 86 was."

Broschard called the new sta tion a "significant upgrade," while

STATION » PAGE 4



District Chief Lewis Broschard addresses firefighters and members of the community at the new Fire Station 86 at 10 Goble Drive in Bay Point on Friday.

COSTA FIRE PROTECTION DISTRICT

MONKEYPOX

Local man's diagnosis viewed as *'terrifying'*

Symptoms were unusual in their rapid spread, according to doctors

By Jackie Fortier

Two days after Kevin Kwong flew home to California from New York, his hands itched so badly, the pain jolted him from sleep. He

the pan Joice nim from sieep. He thought the problem was eczema. "Everything started rapidly getting worse," the Emeryville resident said. "I started to get more spots, on my face, more adversed that the total labelies." more spots, on my face, more redness and they started leaking fluid. The rash expanded to my elbows and my hands and my ankles."

It took Kwong, 33, six virtual appointments with doctors and nurses, one call to a nurse ho-tline, a trip to an urgent care clinic, two emergency room vis-its and two incorrect diagnoses before an infectious disease spe-cialist diagnosed him with mon-

keypox in July.
Despite taking two tests, he never tested positive.
As the number of monkeypox

cases has exploded in the U.S., the public health system is struggling to spread the word about the virus's danger and distribute a limited supply of vaccines to vulnerable people.

But the problem extends even further. People who may be in-fected are grappling with dead ends, delays, incorrect diagnoses and inappropriate treatments as they navigate an unprepared and ill-informed health care system.

The once-obscure virus has hospitals racing to teach emer-MONKEYPOX » PAGE 5

MR. ROADSHOW

Motorists not thrilled with rollout of express lanes

Well, the Grand Experiment with express lanes ver, and we can deem them

BERKELEY

Young students make strides at dance camp



East Bay middle school students dance in "Give Thanks for Life and Nature," choreographed by Zimbabwean dance instructor Salani Matshoba, at Zellerbach Hall on the UC Berkeley campus on July 28 after nearly six weeks of training at the Berkeley/Oakland AileyCamp.

The middle schoolers also learn life skills while perfecting their moves

By Rowena Gonden

BERKELEY » Arms rotating backward, dozens of young dancers in matching outfits warm up on-stage in the final rehearsal before showtime.

"Shoulders, elbows, cha-cha-cha," they chant to a sparse au-

cha," they chant to a sparse audience scattered among the seats of the cavernous theater.
"Up, up, up. ... down, down, down, down," instructor Vincent Chavez calls out, guiding his class as they stretch their arms to the ceiling and then directly in front of them, fingers interlocked

Four dozen youngsters are returning to school with plenty



Dancers acknowledge family and friends in the audience while gathering on stage after the summer camp's final production of "Believing We Can" at UC Berkeley's Zellerbach Hall on July 28.

to say about what they did this camp on the UC Berkeley cam-

And they won't only be talking about moves they learned, like the jete in ballet or jazz's step ball change; Berkeley/Oak-

land AileyCamp - conceived by pioneering New York City chore-ographer Alvin Ailey in 1989 — also teaches lessons designed to set middle-schoolers up for suc-

cess in all facets of their lives.

"The mission is to use dance
as a vehicle for self-expression as a venter for stire expression.

but at the same time ... you're also learning about professional and personal life skills," said camp director Patricia West.

camp director Patricia West.
"The "program gives youth
the opportunity... to figure out
how to be personal best."
Held in Zellerbach Hall on
the UC campus, the camp is
open to 11- to 14-year-olds in
the Oakland, Berkeley, Richmond and Albany unified

DANCE » PAGE 2

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Dance

FROM PAGE 1

school districts at no cost.

For six weeks, voungsters take four classes a day, rotating through sessions in jazz and ballet as well as African and modern dance.

When they are not challenging themselves physically, they are engaged in activities aimed at developing the whole person. The curriculum includes art projects, writing assignments, role playing and group discussions. as well as the recitation of daily affirmations to help campers understand and accept themselves more fully and communicate effectively.

This personal development component covers a broad array of topics, from recognizing the difference between healthy and toxic relationships to being true to oneself in the face of peer pressure. Young people also learn how to set goals, manage stress and resolve conflict, as well as to appreciate that their decisions can have far-reaching effects.

"It's not just dance — these are life skills that they're learning." West said.

Overseeing the camp is Cal Performances, the university's per- City dance company has teamed forming arts presenter that hosts appearances by world-renown Berkeley/Oakland AileyCamp, one singers, stage actors and dancers. of nine such youth summer camps

Among Cal Performance's reg- in the United States. ular visitors is the Alvin Ailey American Dance Theater, which gives each camper a full scholar- formation onstage.



BRITTANY HOSEA-SMALL — BAY CITY NEWS FOUNDATION

Excited dancers wait to take the stage for their final production. "Believing We Can." at Zellerbach Hall on the UC Berkeley campus on July 28. The middle schoolers were part of a dance camp inspired by Alvin Ailey.

one of the past 53 years.

up with Cal Performances to hold

has entertained Bay Area au- ship but also provides Oakland diences with weeklong perfor- students with free round-trip bus when the curtain rises the followmances on the campus for all but transportation to the campus as ing night, they'll be delivering a vorite form of expression despite well as breakfast and lunch for ev-And since 2002, the New York ervone. In addition, each student of hundreds of friends and family. receives ballet slippers, T-shirts, backpacks.

No one needs reminding that 90-minute performance in front its emphasis on precision.

sweatshirts, shorts, unitards and the theater and as the lights come Chavez teaches it in such a freeup the dancers' outstretched arms ing way," he said. With the exercises over, young-jerk in unison to the staccato sters don their costumes and ar-rhythms, their black costumes a Cal Performances not only range themselves in a triangular dramatic contrast to the bright https://calperformances.org/ red backdrop.

Berkeley seventh-grader Isabel Thumas wasn't happy when she discovered her mother had signed her up for the camp without telling her.

"Honestly, I was really hesitant to go," said Isabel who, although no stranger to dance classes, disliked the idea of mingling with kids she didn't know.

She also was self-conscious about wearing a unitard, Isabel said.

But six weeks later, the 12-yearold had made peace with her figure after seeing the array of different shapes and sizes in class, and there was a new note of confidence in her voice.

"I would say it's better than most camps," Isabel said. "It doesn't matter what you look like - like if you're thin or big. We're all equal because we're human."

Rowen Weeramantry gives the camp high marks for teaching "life stuff."

The Oakland 13-year-old practiced expressing himself through abstract art projects and writing poetry, which he read during weekly open-mic sessions.

As for the dancing, Rowen says his body is more flexible now, and he has decided that ballet is his fa-

"I feel a lot of people hate bal-Loud drumming suddenly fills let because it's so strict, but Mr.

> To learn more, or donate, go to community/aileucamp